



JFL Cheerleading

(Entering 2nd grade - Junior High)

2017 Registration Form

Information:

JFL Cheerleading is open to youth entering 2nd grade – 8th grade beginning the 2017-2018 school year. No exceptions to the minimum age. Assuming there will be three football teams this year (Bantam, Junior Varsity, Varsity), we would like to fill three squads.

Coaches needed! We need a minimum of three parent volunteers to coach/supervise squads (one parent per squad).

Practice/Games:

- Cheer practices will consist of stretching exercises, running (to build up strength/stamina), and learning cheers/half-time routine. There will be limited and age appropriate pyramid formations.
- Cheerleaders should wear tennis shoes and comfortable attire in which they can move freely.
- Cheer squads will cheer at all home JFL games.
- If there is enough interest, we will also cheer at selected away games, if cheer coaches are available.
- Game schedule TBD, but occur in September/October months.

Uniforms:

- Cheer T-shirts and Hair Bow will be provided to all registered cheerleaders
- Each registered cheerleader will use the Lexington Park District cheerleading uniforms, if we have the proper sizes in stock for each. Spandex-type shorts under skirts suggested (but not provided).
- The uniforms are property of the Lexington Park District, and need to be returned in good condition to be available for the squad the following season.

Registration:

Registration Fee: **\$25** payable to Lexington Park District. Deadline **August 4th, 2017**.

How to Register:

- In-person: Wednesday, July 26, 4:30 – 6:30 pm at the Lexington Community Center.
- Forms can be dropped off at City Hall.
- Forms may also be mailed (no later than August 3rd, 2017 to be received on time):
Lexington Park District
PO Box 64
Lexington, IL 61753

Questions:

If you have questions, please contact park district @ lexingtonparkdistrict@gmail.com

Forms must be received no later than August 4th.

Cheerleader Information:

Name _____ Birth Date _____

2016-17 Grade _____ Sibling Playing JFL? No Bantam JV Varsity (circle all applicable)

Fall Shirt size (circle one) **Youth size:** YS YM YL YXL **Adult Size:** S M L XL

Fall Uniform size (circle one) **Youth size:** 4 6 8 **Adult Size:** S M L XL

Parent Information:

Parent(s) Name _____

Address _____ City _____ State _____

Phone Number _____ Cell _____

Email _____

Interested in coaching (circle one): Yes No Best method to contact you? _____

Parent coaches are essential to the success of our summer programs! Please help us make this summer fun and rewarding by helping your child's team.

Consent of Parent or Guardian

I/We, the undersigned parent or legal guardian, do hereby verify the information in this registration form and consent to the participation of my/our child in this activity. I/We understand that neither the Lexington Park District nor any of its commissioners, officers, program directors, sponsors nor employees assume responsibility for any injury or damage to person or property resulting from an incident occurring during conduct of the Lexington Park District program including games, meets, practices, clinics and other related activities and events. In case of emergency, I/we hereby consent to medical treatment for my/our child and authorize any member of Lexington Park District to sign necessary papers and documents authorizing hospitals and physicians to proceed to render medical care.

I/We prefer _____ Hospital.

Child's Physician _____ Phone: (____) _____

Parent/Guardian Signature

Date